Neonatal Candidemia Exacerbated the Progression of Retinopathy of Prematurity in an Extremely-Low-Birth-Weight Infant with Persistent Tunica Vasculosa Lentis

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ABSTRACT

Eyes with threshold retinopathy of prematurity (ROP) often show dilation of the existing tunica vasculosa lentis (TVL), which is a prognostic factor in ROP screening and treatment, but can be frequently misdiagnosed as true iris neovascularization (NV). Besides, candidemia in preterm infants can aggravate the severity of ROP, possibly to the threshold stage requiring laser treatment. A case of prolonged candidemia without ophthalmic infection in an extremely-low-birth-weight (ELBW) (birth weight: 800 g), preterm (gestation: 26 weeks) infant with persistent TVL and severe ROP are reported. The threshold ROP was successfully treated with argon laser therapy. Candidemia without eye infection in this case was associated with early use of a systemic antifungal drug. To our knowledge, no similar cases have been reported in the open literature.

INTRODUCTION

Extremely-low-birth-weight (ELBW) and extreme prematurity are significant risk factors for candidemia and retinopathy of prematurity (ROP), in which retinal ischemia induces increased levels of vascular endothelial growth factor (VEGF) leading to retinal neovascularization (NV). Studies have shown that candidemia in preterm infants can aggravate the severity of ROP, possibly to the threshold stage requiring laser treatment. Embryologically, the hyaloid vascular system (HVS) provides the blood supply to the posterior portion of the tunica vasculosa lentis (TVL), a transiently existing network of capillaries that functions to nourish the developing lens. The TVL may persist after the HVS involutes and its regression is often particularly delayed in patients with ROP. Persistent TVL can be misdiagnosed as true iris NV in preterm infants with ROP. We reported a preterm infant with prolonged candidemia, persistent TVL, and threshold ROP, who was successfully treated with argon laser and with a systemic antifungal drug. To our knowledge, no similar cases have been reported in the open literature.

CASE REPORT

A boy was born at 26 weeks gestation, weighing 800 g. The pregnancy was complicated by premature labor because of maternal vaginal incontinence. Perinatal findings included extensive bruising during his entire body, immature skin, patent ductus arteriosus, and severe respiratory distress syndrome requiring immediate intubation and ventilatory support. The infant subsequently developed several complications, including necrotizing enterocolitis, intraventricular hemor-
rhage, bilateral inguinal hernia, and several episodes of sepsis. Blood culture was positive for oxacillin-resistant *staphylococcus aureus* (ORSA) and *enterococcus*. Vancomycin was administered intravenously to the infant at the chronological age (CA) of 10 days. At the CA of 14 days, blood culture was positive for *C. albicans*. Amphotericin was administered intravenously until blood cultures were sterile. Threshold ROP with plus disease (Fig. 1) was diagnosed at gestational age (GA) of 36 weeks. The anterior segment of each eye also displayed a markedly dilated TVL and iris rigidity (Fig. 2). Avascular retinas in both eyes were treated with argon laser. Four weeks after retinal ablation, there was no evidence of retinal NV, plus disease (Fig. 3), TVL or iris rigidity (Fig. 4) in either eye. At 4-week follow-up, minor conjunctival swelling, and corneal edema were found, but there were no iris burn, posterior synechia, laser-induced retinal, or vitreous hemorrhage.

**DISCUSSION**

Extreme prematurity and ELBW are the most significant risk factors for candidemia in infants, as seen in our patient. Neonates with prolonged candidemia (positive blood culture for 5 days) are significantly more likely to develop ophthalmic, renal, or cardiac complications. However, early systemic antifungal therapy has been shown to decrease the frequency (from 45% to 6%) of eye involvement in infants with candidemia. Candidemia in our patient did not lead to intraocular infections because the condition was treated early and aggressively with intravenous amphotericin B. Intralenticular infection can lead to cataract formation before regression of the TVL and the resulting infection nidus in a subsequently avascular structure of lens is poorly reached by antifungal drugs. Our patient did not develop lens abscess possibly because the systemic...
antifungal drug was administered before the lens became avascular.

Studies have shown that candidemia in preterm infants may progress to severe ROP requiring laser treatment. The reason for this progression is not known, but the authors suggest that candidemia may lead to over-expression of angiogenic substances, such as VEGF, thereby resulting in angiogenesis. C. albicans is known to interact with vascular endothelial cells in several ways. Candidemia may injure developing blood vessels in the retina, thereby increasing the chances for developing severe retinopathy. It is not known whether candidemia modulates the expression of known angiogenic factors (e.g. VEGF) which have been implicated in the pathogenesis of ROP. Further clinical or laboratory studies are needed to elucidate the exact mechanism by which candidemia exacerbates ROP.

TVL occurs rather frequently (36.1%) in eyes with threshold ROP as seen in our patient. VEGF, a hypoxia-induced cytokine, plays an important role in the normal development of retinal vasculature, in the involution of the HVS and in the development of ROP. In the proliferative phase of ROP, retinal ischemia induces increased levels of VEGF, which leads to retinal NV and persistent TVL. Clinically persistent TVL is often misdiagnosed as iris NV, a condition in which newly formed vessels develop during the iris surface from the pupil margin to the iris root. NV includes vasodilatation of the existing blood vessels, increased vascular permeability, degradation of the surrounding tissue, proliferation of endothelial cells, and formation of blood vessels. The TVL vessels run anterior, covering the lateral surface of the lens, and anastomose with the pupillary membrane, a vascular system supplied by the long posterior ciliary arteries. Except for the anatomically distinct vascular complex between iris NV and TVL, the TVL vessels differ from those of iris NV in possessing tight junctions between the endothelial cells that limit diffusion into the perivascular space. Iris NV and TVL vessels can be clinically differentiated by iris fluorescein angiography.

The signs of anterior segment, including persistent TVL, iris vessel engorgement, and iris rigidity are considered prognostic factors in ROP screening and in ROP treatment outcome. Elfein and Lorenz described twin sisters with TVL and severe ROP, and concluded that persistent and dilated TVL is a marker for acute severe ROP that may require treatment. Bagdoniene and Sirtautiene analyzed the importance of TVL in treatment outcome of threshold ROP and

Figure 3. Extensive peripheral retinal neovascularization of the (A) left eye and (B) plus disease in the right eye completely regressed 4 weeks after laser therapy.

Figure 4. All signs of anterior segment involvement disappeared 4 weeks after laser therapy.
confirmed that eyes with persistent TVL and threshold ROP have a greater likelihood of unfavorable outcome after therapy; however, regression of TVL after therapy was shown to be directly related to favorable fundus outcomes. Seiberth et al. reported that diode laser photocoagulation can be used safely to treat acute ROP in patients with TVL. All unfavorable prognostic factors, including persistent TVL, iris vessel engorgement, and iris rigidity, were seen in our patient, but the threshold ROP with persistent TVL was successfully treated with argon laser therapy.

Although neonatal candidemia exacerbates the progression of ROP in an ELBW infant with persistent TVL, these conditions can be successfully treated with argon laser and early antifungal therapy. Ophthalmologists need to evaluate carefully with an indirect ophthalmoscope and follow-up closely for the progression of severe ROP and the development of eye infection, to render prompt and appropriate care.

REFERENCES