In vivo cerebromicrovascular visualization using 3D $\Delta R_2$-based microscopy of magnetic resonance angiography (3D$\Delta R_2$-mMRA)

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ABSTRACT

This study proposed a novel methodology for depicting cerebral small vessels including veins, arterioles, and venules, called 3D$\Delta R_2$-mMRA (three-dimensional, steady-state $\Delta R_2$-based, and flow-independent microscopic magnetic resonance angiography). The $\Delta R_2$ map calculated by a fast spin-echo imaging technique before and after the injection of an iron-oxide contrast agent was used to delineate the relative cerebral blood volume, primarily to microvasculature. The proposed 3D$\Delta R_2$-mMRA method, which employs 3D reconstruction techniques, can simultaneously provide high-resolution 3D information on the cerebral anatomy, in vivo microvascular architecture, and hemodynamic response, which can be used to evaluate pathological microvascular changes over time in cerebromicrovascular disease. Since spin-echo-based $\Delta R_2$ imaging was applied, the inflow effects, susceptibility artifacts, and the overestimation of vessel size in brain were reduced. A well-defined three-vessel occlusion model in the rat was performed to evaluate the capability of the proposed method in evaluating alterations to the microvasculature.

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Introduction

The normal function and structure of microvessels are crucial to the survival of tissue cell due to essential nutrients passing through their walls. Structural and functional cerebromicrovascular abnormalities are implicated in the pathogenesis of brain diseases (Perlmuter and Chui, 1990; Buee et al., 1997; Serne et al., 2007). Imaging methods for assessing the cerebromicrovasculature is therefore important in a wide range of clinical and neuroscience-research fields. The most commonly used magnetic resonance (MR) angiography (MRA) techniques to visualize the vasculature are time-of-flight MRA (TOF-MRA) and contrast-enhanced MRA (CE-MRA). TOF-MRA depends on the motion of water protons in inflowing blood, which is sensitive to rapidly inflowing spins (i.e., in arteries), whereas CE-MRA employs contrast agents to detect low flow rates in veins (Reese et al., 1999; Miraux et al., 2004). Combining these MRA methods with a short echo time, flow compensation, and a magnetization transfer technique could be insensitive to flow-related artifacts such as vessel dislocation, signal cancellation in areas with turbulent flow, and motion artifacts from pulsatile flow, and could improve the contrast between flowing vessels and stationary tissues (Beckmann et al., 1999; Pipe, 2001). These methods are nowadays quite suitable for detecting larger arteries or veins, and hence have been widely used to study vascular diseases such as tumor-related vasculature (van Vliet et al., 2005), transient focal ischemia (Beckmann et al., 1999; Besselmann et al., 2001), and genetic variations of the vascular structure (Beckmann, 2000; Brubaker et al., 2005). However, the vessel-related signals in TOF-MRA are naturally related to high-flow-rate vessels, and have a limited capability to visualize cerebral small vessels, especially when acquiring data with a 3D sequence (Pipe, 2001). CE-MRA with the injection of Gd-DTPA, which has a short intravascular (IV) half-life and rapidly redistributes into the extracellular space, may not satisfy the long acquisition time required for high-resolution MRA applications.

Cerebral small vessels can be imaged by an MR venography technique based on detecting the enriched-deoxyhemoglobin-induced blood-oxygenation-level-dependent (BOLD) effect in veins and venules using T2*-weighted imaging (T2*WI) (Reichenbach et al., 1997; Koopmans et al., 2008; Park et al., 2008). It describes, however, the venous vessels with negative signals that are strongly obscured by signal dephasing near the air–tissue interface. An alternative technique based on calculating the difference in contrast-agent-induced susceptibility between the pre- and postcontrast images has been proposed (Dennie et al., 1998; Bolan et al., 2006). This technique increases the difference in magnetic susceptibility between blood vessels and surrounding tissues, and it also shows both arterioles and venules as positive signals. However, evaluating contrast-agent-induced susceptibility in neural tissue is complex because it is affected by the tissue vasculature, field strength, and types of pulse sequences.
and their parameters (Weisskoff et al., 1994; Boxerman et al., 1995). It has been shown that the spin-echo-based $\Delta R_2$ is associated with the microvasculature, while gradient-echo-based $\Delta R_2^*$ is sensitive to vessels of all sizes, with both parameters being independent of blood flow (Boxerman et al., 1995). Therefore, in order to visualize cerebral small vessels and be insensitive to flow-related artifacts, we propose a new steady-state three-dimensional $\Delta R_2$-based microscopic MRA (3D$\Delta R_2$-mMRA) method that combines high-resolution 3D $\Delta R_2$ images with volume rendering (VR) or maximum-intensity projection (MIP) to directly visualize the cerebromicrovasculature (Drebin et al., 1988; Cai and Sakas, 1998). The $\Delta R_2$ map, based on the measurement of the spin-echo transverse relaxation rate by a fast spin-echo (FSE) imaging technique before and after the injection of an iron-oxide contrast agent, has been commonly used to depict the microvascular cerebral blood volume (CBV), and it provides linear change with the blood volume fraction (Boxerman et al., 1995; Dunn et al., 2004). Furthermore, the spin-echo-based sequence also has the important advantage of being less extravascular dephasing and less sensitive to geometric distortion caused by magnetic field inhomogeneities at the air–tissue interface, and thus produces images of higher quality.

The proposed flow-independent 3D$\Delta R_2$-mMRA method can be used to both visualize the neuromicrovascular architecture and provide information on the physiological status of the microvascular CBV. Both a control and a well-defined three-vessel occlusion model in the rat were employed to evaluate the capabilities of the proposed 3D$\Delta R_2$-mMRA method.

Methods

**Transverse relaxation rate change in spin-echo ($\Delta R_2$) and regional CBV**

The $\Delta R_2$ value is given by (Wu et al., 2003)

$$\Delta R_2 = \frac{1}{TE} \ln \left( \frac{S_{\text{pre}}}{S_{\text{post}}} \right)$$

where $TE$ is the echo time, and $S_{\text{pre}}$ and $S_{\text{post}}$ are the pre- and postcontrast signal intensities, respectively. $\Delta R_2$ varies approximately linearly with the CBV fraction; that is, $\Delta R_2 = k \cdot [\text{CA}] \cdot \text{CBV}$, where $k$ is a constant that depends on the tissue type, pulse sequence, field

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**Fig. 1.** High-resolution T2WI images and computed $\Delta R_2$ maps of a rat brain. Images of different axial views were extracted from an entire 3D data set with the nominal resolution of $54 \times 54 \times 72 \ \mu m$. (A) precontrast T2WI images, (B) postcontrast T2WI images (Resovist, 30 mg/kg), and (C) computed $\Delta R_2$ maps.

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strength, and contrast agent, and $[\text{CA}]$ is the concentration of the contrast agent in blood. The $\Delta R_2$ signal consists of IV and extravascular (EV) components (Boxerman et al., 1995; Duong et al., 2003). The $\Delta R_2$ IV signal exists in vessels of all sizes because the change in $T_2$ value in blood is induced by the contrast agent, whereas the EV effect in spin-echo-based $\Delta R_2$ is associated with small vessels because the 180° radiofrequency (RF) pulse refocuses the static dephasing induced by field inhomogeneities but cannot completely reverse the dephasing component induced by the diffusion effect around small vessels (Ogawa et al., 1993; Weisskoff et al., 1994; Boxerman et al., 1995). Simulations have shown that the diffusion effect is minimal for vessels larger than 20 $\mu$m (Bandettini and Wong, 1995).

**Stroke model**

The rat focal cerebral ischemia-reperfusion model was described by Lin et al. (1993). In brief, the right middle cerebral artery (MCA) of male Long–Evans rats was reversibly ligated under a stereomicroscope. Both common carotid arteries were then occluded using nontraumatic aneurysm clips. After 60 min of ischemia, arterial occlusion was released. The rectal temperature of anesthetized rats was maintained at 37.0±0.5 °C using a homeothermic blanket (Harvard, Holliston, MA).

**Data acquisition**

All imaging was performed on a 4.7-T MR scanner (Biospec 47/40, Germany) equipped with an active shielding gradient (20 G/cm in 80 $\mu$s), with all experiments involving male Long–Evans rats weighing 300–350 g. Each rat was initially anesthetized with 5% isoflurane at an oxygenation rate of 1 L/min. When fully anesthetized, the animal was placed in a prone position and fitted with a custom-designed head holder inside the magnet. Isoflurane was then maintained with 1–1.2% at 1 L/min oxygenation throughout the experiments, which causes minimal cerebral hemodynamic changes (Lei et al., 2001). Images were acquired using a 72-mm birdcage transmitter coil and a separate quadrature surface coil for signal detection. To determine $\Delta R_2$, T2-weighted imaging (T2WI) was performed before and after injecting superparamagnetic iron-oxide nanoparticles (Resovist, Schering AG, Berlin, Germany) at a dose of 30 mg Fe/kg. The postcontrast image acquisition was delayed by 1–2 min to ensure that the distribution of contrast agent in the vascular network had reached a steady state. T2WI was performed using a 3D FSE sequence with a repetition time (TR) of 1500 ms, an effective echo time ($\text{TE}_{\text{eff}}$) of 82 ms, a sampling bandwidth of 50 kHz, an echo-train length (ETL) of 32, 4 averages, a field of view (FOV) of $2.8\times2.8\times1.4$ cm, an acquisition matrix of $256\times256\times96$ (zero-padded to $512\times512\times192$), and a total acquisition time of 76 min. The in-plane resolution and slice thickness were 54.68 and 72.91 $\mu$m, respectively. TOF-MRA was performed using FLASH (fast low-angle shot) with a TR of 30 ms, a TE of 10 ms, a flip angle of 30°, and with the same FOV and matrix size as for the 3D$\Delta R_2$-mMRA method.

**Data analysis**

The 3D whole-brain precontrast images were coregistered with the postcontrast images using a coregistration algorithm implemented using the function of Normalized Mutual Information with the rigid transform in Amira software (TGS, San Diego, CA), which is an easy-to-use and powerful 3D visualization platform that allows users to...
visualize scientific data sets obtained using different rendering methods (see http://www.amira.com). Both pre- and postcontrast rat brain images were manually trimmed to exclude nonbrain structures. An $\Delta R_2$ map according to Eq. (1) was calculated on a pixel-by-pixel basis using in-house software written in Matlab (MathWorks, Natick, MA). 3D $\Delta R_2$-mMRA involves constructing high-resolution 3D $\Delta R_2$ maps using a VR or MIP utility (Amira, TGS). In the stroke model, paired $t$-test was used to compare the changes in $\Delta R_2$ values between ipsilateral and contralateral side, with the significant level set at $P<0.05$.

Results

Fig. 1 shows axial $\Delta R_2$ images with an in-plane resolution of 54.68 $\mu$m and a through-plane resolution of 72.91 $\mu$m (Fig. 1C) obtained from different locations of an entire 3D data set that was calculated from precontrast (Fig. 1A) and postcontrast (Fig. 1B) T2WI images according to Eq. (1). 3D $\Delta R_2$-mMRA was performed by reconstructing high-resolution 3D $\Delta R_2$ images using a VR technique, as shown in dorsal (Figs. 2A and B) and lateral (Fig. 2C) views. Veins as well as all major venous sinuses and their ramifications were clearly visible on the brain surface. These vessels were further validated and identified in accordance with the cerebral vascular atlas (Scremin, 1995; Dorr et al., 2007) in the dorsal and lateral views as follows: superior olfactory sinus, superior cerebral veins, superior sagittal sinus, and caudal rhinal vein in the cerebrum (Figs. 2A and C); superior cerebellar vein, inferior cerebellar vein, and vertebral vein in the cerebellum (Fig. 2B); and the transverse sinus in the border between the cerebrum and cerebellum (Fig. 2B). The vessels on the brain surface were well correlated with vascular photographs obtained from dorsal bird’s-eye and lateral views in the same rat, and their sizes were comparable between the proposed method and corresponding vascular photographs (Fig. 2D). The ratio of the diameters of vessels detected using the two methods was measured for selected vessels following coregistration as shown in Fig. 2D, which revealed that rendered vessels were on average 1.17-fold larger than those on vascular photographs. The architecture of small vessels including arterioles and venules inside the brain could be delineated by rendering $\Delta R_2$-mMRA data along the three orthogonal views (Fig. 3), which illustrated the rich and complicated small-vessel structure in the rat brain, including the superficial intracortical and the deeper subcortical microvasculature. These results demonstrate the capability of the proposed method in visualizing cerebral small vessels.

Fig. 4 compares visualizations of the microvasculature between the presented method and the current widely used TOF-MRA. The images for these two methods were acquired from the same subject with an identical view, slab position, and image resolution. The figure indicates that many of the cerebral small vessels were more visible in 3D $\Delta R_2$-mMRA, with only major arteries being evident in TOF-MRA.
A three-vessel occlusion stroke model was used to validate the capability of 3DΔR₂-mMRA in evaluating alterations to the microvasculature. Figs. 5A and B show VR of 3D high-resolution T2WI images and 3DΔR₂-mMRA data at 7 days after the reperfusion of a rat subjected to 60 min of MCA occlusion. T2WI images in different coronal views were extracted from a 3D data set with an in-plane resolution of 54.68 μm and a slice thickness of 500 μm (Fig. 5C). Fig. 5D shows the VR of 3DΔR₂-mMRA for the same slice position as in Fig. 5C. A much capillary-like brighter signal extending from the leptomeninges into the cortex were evident within the ipsilateral reperfused cortex. These results are consistent with the reports of (Lin et al., 2002, 2008), and further demonstrate that microvascular remodeling can be better visualized by the currently proposed 3DΔR₂-mMRA method. Quantitative analysis indicated that the ΔR₂ value was significantly higher within the ipsilateral reperfused cortex than within the contralateral cortex (Fig. 5E), but that no differences were evident between the hemispheres in subcortical regions. This finding agrees with previous evidence of an increased CBV due to ischemia-induced angiogenesis (Lin et al., 2002, 2008).

Discussion

Many studies have assessed the macro- and microvascular structure and function in cerebrovascular disease using either MRA techniques to visualize the vasculature (Reese et al., 1999; Miraux et al., 2004), or MR perfusion method to measure the hemodynamic parameters of CBV, cerebral blood flow (CBF), and permeability (Kastrup et al., 1999; Lin et al., 2002). The present study investigated a new approach of CBV-based...
microscopic MRA (3DΔR₂-mMRA), which is able to simultaneously reveal the morphology of the microvasculature and elucidate the physiological status of microvascular CBV. This new technique might greatly enhance our understanding of the development and treatment of cerebrovascular diseases such as strokes and brain tumors.

The current widely used MRA and proposed 3DΔR₂-mMRA methods are compared in Table 1. TOF-MRA is sensitive to the rapidly inflowing spins inside arteries, whereas CE-MRA employs contrast agents to detect vessels with high and low flow rates. Another technique is phase-contrast MRA (PC-MRA), which is based on calculating the phase shift, from which the velocity map is obtained by applying a suitable velocity-encoding value (Dumoulin et al., 1989). Vessels appear in TOF- and CE-MRA as positive signals, whereas vessels with inflow and outflow are distinguishable by PC-MRA as positive and negative signals, respectively. Although these methods can be used to visualize major arteries and veins, they have limited capabilities at imaging cerebral small vessels. In contrast, MR venography using susceptibility-weighted imaging (SWI) is able to detect venous vessels due to the presence of paramagnetic deoxyhemoglobin. However, although the visibility of venous vessel is increased by applying SWI, cerebral small vessels with higher oxygenation levels such as arterioles cannot be delineated. The method proposed here can in principle not only visualize venules but also depict arterioles (see Fig. 6) consistent with the vascular atlas of the rat brain (Scremin, 1995).

An alternative method based on gradient-echo images using the subtraction of pre- and postcontrast T2⁎WI images has been proposed for microangiography (Bolan et al., 2006). That study combined TOF-MRA with an iron-oxide contrast agent to reveal numerous penetrating and deep-branching vessels in the cat visual cortex. Their major contribution was distinguishing intracortical arterioles and venules; however, some aspects may need to be further investigated. First, the vessel size is usually overestimated using T2⁎WI due to both intra- and extravascular dephasing (Ogawa and Lee, 1990). Park et al. (2008) reported that the venous lumen diameter calculated from T2⁎WI appears to be three times larger than the actual vessel size. Note that the spatial extent of signal dephasing is dependent on the TE, field strength, and spatial resolution (Ogawa and Lee, 1990, Ogawa et al., 1990). Second, the vasculature cannot be clearly delineated by T2⁎WI in numerous brain regions — such as the amygdala in the rat brain and the temporal lobe in the human brain — due to strong susceptibility artifacts.

Another possible method for visualizing small vessels is high-resolution dynamic susceptibility contrast imaging (DSC), which is based on measuring the change in the T2 or T2⁎ decrease during the first pass of an exogenous endovascular tracer through a capillary bed (Grandin, 2003). It can depict arteries and veins quite well, and can be used to derive perfusion parametric maps such as of the CBV and the mean transit time. A high resolution is required in all three spatial directions to visualize small vessels. However, DSC tends to maintain a high in-plane resolution but sacrifices the through-plane resolution in order to achieve a reasonable SNR when acquiring images with a high temporal resolution. Furthermore, visualizing small vessels at a high resolution using gradient echo and an echo planar imaging sequence would encounter problems of overestimating vessel sizes, strong susceptibility artifacts, and severe geometry distortion.

The proposed spin-echo-based 3DΔR₂-mMRA method can visualize the cerebral vasculature in the entire brain more homogeneously since it is subject to minimal susceptibility artifacts. In addition, the extravascular dephasing caused by the contrast agent can be significantly reduced, which means that vessel lumen sizes are detected more accurately (Ogawa et al., 1990, Ogawa et al., 1993, Boxerman et al., 1995). The rendered vessels from 3DΔR₂-mMRA on the brain surface were on average 1.17 larger than the actual sizes, which is at least two times better than the error when using the gradient-echo-based method (Park et al., 2008). This 17% overestimation of the vessel size is probably due to the partial volume effect. Furthermore, ΔR₂-mMRA directly indicates changes in transverse relaxivity within vessels, thus making it possible to measure the CBV. This means that the proposed method can be used to visualize the vascular morphology and the brain functional parameter simultaneously.

3DΔR₂-mMRA can be used to visualize both cerebral large vessels (e.g., veins and in sinuses, though with the exception of arteries) and cerebral small vessels (e.g., arterioles, and venules). This is believed to be due to the spin-echo-based ΔR₂ signal mainly consisting of IV and EV components. The specificity and sensitivity of IV and EV effects for various vessel sizes in gradient-echo- and spin-echo-based sequences have been described previously (Ogawa et al., 1993, Weisskoff et al., 1994, Boxerman et al., 1995, Duong et al., 2003). Briefly, the IV effect from spin-echo-based ΔR₂ occurs in vessels of all sizes, but it can be small within very large arteries due to the presence of a high flow rate, and the EV effect of ΔR₂ is associated with capillaries, which generally have diameters of less than 10 μm. The in-plane resolution of the proposed method can reach 54 μm with a total acquisition time of 76 min by using a 3D FSE sequence with an ETL of 32. Although this resolution is still larger than capillary diameters, it could be improved by increasing the imaging sensitivity in combination with a larger matrix and reduced FOV by using other rapid acquisition techniques such as parallel imaging (Madore and Pelc, 2001) or a more sophisticated coil design (Logothetis et al., 2002, Lee et al., 2005).

TOF-MRA and CE-MRA has been used to successfully evaluate MCA vascular occlusion and reperfusion (Beckmann et al., 1999, Bessellmann et al., 2001), but it might not be suitable for investigating postischemic
angiographic processes over time after reperfusion due to its limited ability to visualize small vessels. Vascular photographs from a dorsal bird’s-eye view are commonly used to evaluate morphological changes on the brain surface in postischemic angiogenesis. However, the intracortical microvascular remodeling within a lesion side (rather than on the brain surface) is very difficult to visualize by vascular photography. Furthermore, it is difficult to examine an ischemic area immunohistologically due to liquefaction of brain tissue within an infarct region, especially more than 3 days after reperfusion. The changes in CBV and CBF measured by perfusion MR imaging within an infarct region in the chronic stage of ischemia have been documented (Lin et al., 2002). Although information on microvascular perfusion can be described by both of CBV and CBF, individual vessels cannot be discerned. Our novel 3DΔR₂-mMRA technique visualizes cerebral small vessels with high contrast and provides relative CBV mapping are able to simultaneously observe the morphological and hemodynamic changes in microvascular remodeling over time. In the present study, 3DΔR₂-mMRA revealed hyperintensities in the ipsilateral cortex after transient ischemia (Fig. 5), suggesting an increase in CBV as reported previously (Lin et al., 2002, 2008). 3DΔR₂-mMRA produced high-resolution images of small vessels extending from the leptomeninges into the cortex within the ischemic region. It is very likely that the newly formed small vessels were from the leptomeninges. This is the first MRA method that can reveal in vivo microangiographic processes in an ischemia model. This method is capable of tracing angiogenesis at different disease stages even in the presence of strong tissue necrosis within the lesion area.

The relative CBV is proportional to the ΔR₂ value (Wu et al., 2003, Dunn et al., 2004). However, the relative CBV can only be accurately measured when the contrast agent is in a steady-state condition in IV space. Since Resovist was used in the present study, we further evaluated changes in image intensity within blood vessels induced by Resovist over time. Fig. 7 shows the signal intensities in a brain vessel of the superior sagittal sinus. The T2WI image was obtained with an FSE sequence with TR=4000 ms and TE=70 ms.

The proposed technique represents a simple and novel approach that is easy to implement on a clinical scanner. However, several factors might need to be considered when applying this technique to humans. First, since the vessel signals of ΔR₂-mMRA are associated with contrast-agent-related susceptibility and both the susceptibility effect and the SNR are proportional to the magnetic field strength, the visibility of small vessels might increase with the magnetic field. Second, specific absorption rate limitations are frequently encountered when acquiring images using FSE with a high ETL, especially in high magnetic field. This could be accommodated by applying an FSE sequence with a variable flip-angle echo train (Naganawa et al., 2004), since this can significantly reduce RF power deposition. Third, a high resolution, adequate SNR, and reasonable scanning time are necessary for visualizing small vessels. High-resolution FSE imaging can be achieved using a strong gradient and fast slew rate. Since the gradient set with a smaller diameter will have higher gradient strength and faster slew rate, it is preferable to use dedicated smaller-diameter inserted gradients for head-only, rather than clinical body gradient sets. The SNR can be improved either by imaging with a high field strength or with a more efficient RF coil, such as a phased-array head coil (Roemer et al., 1990). The scanning time can be further reduced by utilizing recent developments in parallel imaging techniques (Madore and Pelc, 2001). Nevertheless, the technique requires a phased-array coil and multiple receiver channels, which might not be available for general clinical use.

Conclusions

We have described a steady-state ΔR₂-based and flow-independent microscopic MRA method combined with 3D image reconstruction techniques for in vivo visualization of the architecture of small vessels of the rat brain. The method simultaneously provides high-resolution 3D information on the cerebral anatomy, in vivo microvascular architecture, and CBV mapping, which can be used to evaluate pathological microvascular changes over time. The technique might be suitable for use as a routine tool for examining the microvasculature in small-animal models and clinical patients who are healthy or are affected by cerebrovascular disease.

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